

# NORTH CENTRAL KANSAS WRESTLING FESTIVAL 2008

**LOCATION: MINNEAPOLIS HIGH SCHOOL GYMNASIUM  
602 WOODLAND MINNEAPOLIS KANSAS**

**DATE: May 30 and 31st**

**TIME: May 30<sup>th</sup> 4:00pm – 8:00pm May 31<sup>st</sup> 8:30am – 4:00pm**

**AGES: 12 and up**

**CAMP STAFF:**

**Jeff Giles      Head coach Minneapolis High School  
KWCA Coach of the year 2002  
Dual Record (214 – 75 –1)  
MO State High School place winner  
Missouri State University NCAA I (3 year starter)**

**Cody Parks      Assistant coach Blue Valley West High School  
Four-year Letterman Fort Hays State University  
N.C.A.A. Division II Qualifier  
2x Kansas State Runner up**

**Pete Koster      Former Head Coach Oakley High School  
1 X Kansas State Champion 4 X Place Winner  
2 X NJCAA All American Colby Community  
1 X NCAA II All American Fort Hays State University**

**Jacob Beck      Loveland Colorado  
Former Fort Hays State University Letterman**

**(Other members and former members of the Minneapolis coaching staff and wrestling family)**

**This camp will provide good technique that is effective at the high school level. We will show and drill technique from all 3 positions that will score against quality opponents. Instruction will include how to set up and execute the techniques during matches.**

**Our goal of this camp is to provide low cost quality instruction and competition from experienced coaches and wrestlers close to home.**

**(Every year at this camp I have some excellent coaches who show up to help that I didn't know would be there.)**

Lodging will be provided at Minneapolis Grade School Friday Night for campers who have traveled too far to go home. Bring your sleeping bag.

What to bring: T – shirts, shorts, and wrestling shoes. You may want to bring two sets if you plan on staying in Minneapolis on Friday night. Headgear is optional, but don't forget there is a live tournament on Saturday afternoon. You may want to bring enough cash for lunch on Saturday.

### CAMP SCHEDULE

**REGISTRATION: 3:00PM – 4:00PM**

**FRIDAY May 30<sup>th</sup>**

**Registration 3:00pm – 4:00pm**

**4:00PM – TAKEDOWNS**

**5:30PM – SUPPER**

**6:30PM – TOP**

**SATURDAY May 31<sup>st</sup>**

**8:30AM – GRECO/FREESTYLE INSTRUCTION**

**10:00AM – BOTTOM**

**12:00AM – LUNCH**

**1:00PM – DRILLS**

**3:00PM – LIVE TOURNAMENT**

*Questions call Jeff Giles 785 – 392 - 3135*

*Cut here*

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*Please return with check if pre registering*

*Pre Registration: \$35.00/\$25.00 for the second camper*

*The pre registration deadline is Monday May 12th*

*Please make checks payable to and send pre registration*

*forms to Jeff Giles 735 N. Ottawa Minneapolis Ks, 67467*

*Registration: \$40.00 at the door on May 30th*

*\$25.00 for the second camper (For families sending more than one camper)*

*Campers not pre registering must bring this*

*signed form the first day of camp to participate.*

*(Registration fees include camp t – shirt)*

**Camp T – Shirt S M L XL XXL PLEASE CIRCLE ONE**

The camper, in attending the camp, does so at his own risk. MHS, its athletic department, and all camp staff shall not be liable for any damages arising from personal injury sustained by the camper during the camp. The camper and his parents assume all responsibility for any damages or injuries, which may occur to the camper during the camp session.

Campers Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_

*You may copy this form to hand out to your wrestlers.*